



DEPARTMENT OF THE NAVY

COMMANDER, FLEET ACTIVITIES SASEBO  
PSC 476 BOX 1  
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1000  
Ser N00J/511  
14 July 21

From: Commander, Fleet Activities Sasebo  
To: Active Duty and Reserve Personnel, Retirees, Military Dependents, Civilian Employees, Contractors, Host Nation Civilian Employees and Anyone with Installation Access

Subj: UPDATED PUBLIC HEALTH ORDER

Ref: (a) CFAS Public Health Order of 22 June 21  
(b) USFJ Public Health Emergency Declaration for Japan of 8 Mar 21  
(c) FRAGORD 004 to USFJ Force Public Health Order 21-002 of 14 June 21  
(d) Appendices to ANNEX A USFJ Force Health Protection Order 21-004 of 14 June 21  
(e) CNFJ/CNRJ COVID-19 Leave and Liberty Policy Update 4 of 22 Jun 21  
(f) CNFJ/CNRJ COVID-19 Restriction of Movement Guidance in Response to COVID-19 (Update V) of 13 Jul 21  
(g) NAVADMIN 037/21 (U.S. Navy Standard Covid-19 Standard Operational Guidance)  
(h) NAVADMIN 059/21  
(i) NAVADMIN 095/21  
(j) Secretary of Defense Memorandum: Use of Masks and Other Public Health Measures of 4 Feb 21  
(k) Secretary of Defense Memorandum: Updated Mask Guidelines for Vaccinated Persons of 13 May 21  
(l) Secretary of the Navy Memorandum: Use of Masks and Other Public Health Measures of 4 Mar 21  
(m) CNFJ/CNRJ Memorandum: U.S. Naval Forces Japan Mask Policy of 16 Jun 21

Encl: (1) CFAS Restriction of Movement Requirements and Guidelines of 14 Jul 21  
(2) Maps of Off-Limits Areas as of 14 Jul 21  
(3) Commander, Fleet Activities Sasebo Mask Guidelines of 14 Jul 21  
(4) Template of Request for Exception to Policy Request (ETP) Form  
(5) Flow Chart of ROM, LRS and Corresponding Timelines of 14 Jul 21  
(6) Mask-Free Area Sign

1. This Public Health Order (PHO) replaces reference (a) and implements the Japan-wide Public Health Emergency declared in reference (b). **This updated PHO removes cohabitant Restriction of Movement (ROM) requirements and modifies some on-base mask regulations.** For convenience, updated language in this PHO appears in red text. This PHO applies to all Status of Forces Agreement (SOFA) members who either have or are seeking installation access at Commander, Fleet Activities Sasebo (CFAS). Japanese Master Labor Contract (MLC) employees and Individual Hire Agreement (IHA) employees of the U.S. Navy are encouraged to follow this guidance to the maximum extent practicable. Uniformed personnel who disobey this PHO (including its enclosures) may be punished under the Uniform Code of



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Military Justice (UCMJ) for violation of Article 84 and/or Article 92. Non-compliance by all other individuals that either have or desire base access may be subject to administrative measures such as curtailment, debarment or early return to the United States.

2. Definitions. The following definitions are derived from references (c), (d) and (g) and are provided here. These definitions apply to this PHO and all of its enclosures.

a. Close Contact. A person becomes a Close Contact when: i) being within six feet (two meters) of an individual for longer than 15 minutes **cumulative within a 24 hour period**, with or without masks; ii) anyone with whom a person has had physical contact while caring for, living with or visiting; iii) any time an individual visits a waiting room; and iv) anyone having direct contact with an individual's secretions (e.g. being coughed on or sneezed on).

b. Direct Transit. Direct Transit means passing through a prohibited area without exiting (e.g. going through on an expressway and not exiting until transit through the prohibited area is complete; riding a train through a prohibited area without stopping in the area; taking a connecting flight from an airport in a prohibited area without entering the prohibited area for other activity).

c. Immunized Personnel. Personnel who have completed a vaccine series and have passed 14 days since their last dose. If an individual receives a single-dose vaccine (i.e. one that does not require a series), that individual is an Immunized Person and not a Vaccinated Person after 14 days. Travelers should carry their immunization card to prove this status when traveling.

d. Isolation. Isolation refers to separating confirmed Positive Cases from people who are not infected. Symptomatic individuals may also be placed in Isolation pending results from COVID-19 testing. Isolation is medically directed and is precautionary, not punitive.

e. Limited Release Status. Limited Release Status (LRS) refers to persons who are not confined to their quarters during part of a ROM period under references (c) and (f). These individuals can freely go around the installation, or, if living off installation, from their **home to the installation only**. All base services are available to individuals in LRS. Individuals in LRS **will not use public transportation and will not walk from an off-base location to the installation.**

f. Mask. What constitutes a mask is defined in enclosure (3). Applicable guidelines of mask wear is also provided in enclosure (3).

g. Military Installation. Within the scope of this PHO, Military Installation is defined as any area under the operational control of the Secretary of a Military Department or the Secretary of Defense, without regard to the duration of operational control.

h. Positive Case. This refers to a person who has been tested for and confirmed to be infected with COVID-19.



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i. 90-day Recovered Positive Case. Under this PHO, 90-day Recovered Positive Case refers to an individual who has been infected with COVID-19 within the last 90 days and has fully recovered, been cleared by medical authorities and is suffering no additional symptoms.

j. Quarantine. The status of individuals who are restricted in their movements due to their being believed to be exposed to a communicable disease in order to prevent the possible spread of the disease. Quarantine is precautionary, not punitive. Quarantine is medically directed.

k. Restriction of Movement (ROM). A general term for limiting an individual or group's movement to prevent or diminish the transmission of a communicable disease, including limiting ingress and egress to, from or on a Military Installation. Under this PHO, ROM refers specifically to limited movements imposed due to i) travelers returning from outside of Japan or from high risk areas and ii) persons who violate this PHO and potentially exposed themselves to infection.

3. Contact Tracing: In the event that a Positive Case is discovered, Close Contacts of the Positive Case will be placed in Quarantine or Isolation in order to monitor and test for COVID-19. All Close Contacts placed in Quarantine will remain in Quarantine until CFAS medical has verified the immunization history of the Close Contact or otherwise cleared the Close Contact. Per reference (g), **Immunized Personnel** who are asymptomatic are not required to Quarantine if they are a Close Contact once released by CFAS medical. Similarly, **90-day Recovered Positive Cases** who are asymptomatic also do not need to Quarantine if they are a Close Contact once cleared by CFAS medical. Immunization cards and medical records will be used by CFAS medical to determine when Close Contacts are not required to ROM based on this criteria. **Persons who are not required to Quarantine as Close Contacts (Immunized or 90-day Recovered Positives) are placed in a 14-day LRS per reference (g) starting on the day of last known contact with the Positive Case Close Contact.**

4. Masks. Masks must be worn as directed in enclosure (3).

5. Physical Distancing. Per reference (j), all persons subject to this PHO shall to the maximum extent possible practice physical distancing per the Center for Disease Control (CDC) guidelines and to the maximum extent possible **maintain at least six feet (two meters) from other people who are not from an individual's household in both indoor and outdoor spaces.**

6. Leave and Liberty.

a. General. **Leave is authorized in all areas in Japan designated as Green or Yellow on the CNFJ/CNRJ Japan Prefecture Status Map**, which is included as Map (1) in enclosure (2). The most up-to-date version of Map (1) is available at <https://www.google.com/maps/d/viewer?mid=1niEn2uoNN8LMFO3p48ls0nFFCaG1nuFf&ll=35.94689283081735%2C134.26384692650748&z=6>. If there is a difference in Map (1) and the current map available online, the version of the map online controls.



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**b. Liberty is permitted in all areas that are Yellow and Green on Map (1) and any areas on Kyushu that are designated as Green on Map (2).** If there is a conflict in colors between Map (1) and Map (2) for Kyushu prefectures, **Map (2) controls for liberty purposes only.** Black areas are used only on Map (2) of enclosure (2). Black areas are strictly prohibited for **liberty purposes.** Direct Transit through Black areas is permissible. The most up-to-date version of Map (2) is available at <https://www.google.com/maps/d/viewer?hl=en&mid=1Yp9zNiFxBmE7hLbYQc6fx-j3CYhyUkq&vomp=1&cid=mp&cv=GVAHVETz-iw.en>. If there is a difference in Map (2) and the current map available online, the version of the map online controls.

7. **Base Access.** SOFA personnel (including military, dependents, retirees, MLC, civilian employees and contractors) and Sasebo Honorary Membership Cardholders with proper base access privileges may come onboard the installation as long as they have satisfied ROM/LRS requirements upon entry to Japan and are not coming from a Red area outside of Kyushu or any Black area on Kyushu. Guests of such persons in the categories above may also access base, as long as they are properly escorted by a sponsor. Sponsors shall ensure that guests have not been in a prohibited area within 14-days of accessing base. Sponsors will also ensure that guests follow all applicable rules in this PHO while on base (e.g. proper mask wear). Persons in LRS may also access the installation subject to the rules for their particular status. Anyone who enters a prohibited area and who is not in Direct Transit to Sasebo or on official travel must complete a ROM/LRS period per enclosure (1) before they can access the installation, unless an Exception to Policy (ETP) per section (8) is obtained. **Operational commands may impose stricter ROM requirements. Persons attached to vessels or deployable units should inquire with their direct chain of command to ascertain what additional ROM requirements must be completed.**

8. **ETP Request.** Persons who must go to a prohibited area (e.g. an area designated as Black on Map (2) of enclosure (2) or a location off of Kyushu designated as Red in Map (1) of enclosure (2)) **for personal reasons** must route an ETP to me through their chain of command. This is not required if travel is on official orders or for official business or persons traveling for medical appointments approved by CFAS medical. Additionally, any other deviation from this PHO must also be requested via ETP. ETPs must include a detailed safety plan and travel itinerary, if applicable. Safety plans should include information about how the individual(s) or group is currently mitigating risk of infection and how they will remain safe during transit or the event. It is recommended to include information about the vaccination status of parties involved as well. As I review the request for an ETP, I will consult current data to determine if the activity or desired destination is currently pose a high for transmission of COVID-19. If travel to a prohibited area is approved, a ROM and/or LRS period will be required upon return, unless specified otherwise. ROMs and LRS periods based on approved ETPs will be determined in accordance with enclosure (1). ETP requests must use enclosure (4) and must be submitted no less than 72 hours before travel or the activity is to begin.

9. **Public Transportation.** All forms of public transportation are authorized except for persons who are in ROM (post-travel ROM, Quarantine or Isolation) or LRS. Enclosure (1) pertains.

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10. ROM

a. Enclosure (1) contains specific guidance on the variations of ROM. All persons in ROM will sign the Acknowledgement contained therein or a NAVPERS1070/613 to the same effect.

b. ROM and PHO Violations. See paragraph 2(4) of enclosure (1).



D. J. ADAMS